



## The Nectary-St. Paul

Like us for a chance at  
**FREE Lunch!**  
2 "Likers" Chosen Daily

Try any sandwich  
**HOT**  
with our new  
**Panini Grill**



Alliance Bank Center

**651-292-9963**

Check out our NEW website:  
**thenectarystpaul.com**



# CORPORATE CATERING

**sandwich/wrap boxed lunch**      **\$8**

Includes any sandwich or wrap, chips, drink and a cookie

**salad boxed lunch**      **\$8**

Includes any salad, drink and a cookie

**side salad**      **small \$25 / large \$55**

small 7-12 people - large 15-20 people

**fruit salad**      **small \$30 / large \$70**

small 7-12 people - large 15-20 people

**cookies**      **dozen/\$6**

# ASK ABOUT OUR TRAY OPTIONS

**sandwich/wrap trays**

**salad trays**

**fruit trays**

**cookie trays**

**soups (14 kinds)**

**meat trays**

**cheese trays**



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# SANDWICHES

- the italian** "the fuh-get about it!!" **\$7.25**  
prosciutto, capicola, genoa salami, provolone, pesto mayo, tomato, and romaine on a fresh french baguette!
- the american** **\$7.25**  
turkey, ham, roast beef, cheddar, mayo or mustard, lettuce, tomato, cucumber, onion on wheat sub
- the ba-da-bing** **\$6.00**  
turkey, capicola, provolone, tomato, red onion & sprouts with roasted red pepper hummus on an everything bagel!
- chicken salad croissant** **\$6.00**  
grapes, apples, walnuts, chicken and mayo topped with lettuce
- turkey & pepperjack** **\$6.00**  
mayo, lettuce, tomato, cucumber, pepperjack cheese
- ham & swiss** **\$6.00**  
mayo, lettuce, tomato, swiss cheese
- roast beef & swiss** **\$6.00**  
mayo, lettuce, tomato, swiss cheese
- salami & provolone** **\$6.00**  
mayo, lettuce, tomato, provolone cheese

# HOT SANDWICHES

- reuben** **\$6.00**  
corned beef, swiss cheese, sauerkraut, thousand island dressing on black russian rye bread
- gyros** **\$6.00**  
gyro meat, tomato, cucumber, and red onion on flat bread with tzatziki (cucumber sauce). *Try it with our Feisty Feta!*
- blt** **\$6.00**  
bacon, lettuce, tomato, mayo, with smoked bacon cheddar cheese on texas toast
- grilled cheese** **\$6.00**  
swiss, cheddar, provolone, pepperjack or smoked bacon cheddar on texas toast

# WRAPS

- turkey bacon** **\$6.00**  
turkey, bacon, swiss, lettuce & parmesan peppercorn dressing on a golden wheat tortilla
- chicken caesar** **\$6.00**  
romaine lettuce, chicken, parmesan cheese, garlic herb wrap with caesar dressing
- taco** **\$6.00**  
seasoned beef, iceberg lettuce, cheddar, tortilla strips, salsa & sour cream on a jalapeno cheddar wrap
- sante fe** **\$6.00**  
chicken, cheddar, lettuce, corn & black bean mix, tortilla strips & fat free sante fe dressing on a tomato basil wrap
- italian club** **\$6.00**  
ham, capicola, salami, provolone, lettuce, tomato basil wrap with italian dressing

# VEGETARIAN

- veggie wrap** **\$6.00**  
guacamole, leaf lettuce, tomato, cucumber, red onion, sprouts & cheddar cheese on a spinach wrap
- veggie cheese sandwich** **\$6.00**  
mayo, lettuce, tomato, cucumber, sprouts and cheese
- guac-n-cheese sandwich** **\$6.00**  
guacamole, lettuce, tomato, cucumber, sprouts and cheese
- tuna salad sandwich** **\$6.00**  
tuna, green onion, carrots, topped with lettuce, tomato & cucumber
- egg salad sandwich** **\$6.00**  
eggs, mayo, green onion, curry, salt & pepper with lettuce and tomato
- half sandwich** **\$3.75**

# SALADS

- nectary salad** **\$6.00**  
spring mix lettuce, shredded cheddar, green pepper and cucumber
- half nectary with tomato** **\$4.25**
- chef salad** **\$7.00**  
spring mix lettuce, ham, turkey, salami, shredded cheddar, swiss cheese, egg, tomato and cucumber
- greek salad** **\$7.00**  
spring mix lettuce, gyro meat, black olive, red onion, egg, cucumber, crumbled feta cheese with aegean dressing
- mandarin salad** **\$7.00**  
spring mix lettuce, diced chicken, mandarin oranges, oriental noodles with fat free oriental sesame dressing
- chicken caesar** **\$7.00**  
romaine lettuce, diced chicken, parmesan cheese with caesar dressing
- seafood salad** **\$7.00**  
spring mix lettuce, imitation crabmeat, shredded cheddar and swiss cheese, egg, and tomato
- taco salad** **\$7.00**  
iceberg lettuce, taco meat, shredded cheddar, diced tomato, tortilla chips, salsa, and sour cream
- cobb salad** **\$7.00**  
spring mix lettuce, diced chicken, bacon, egg, tomato, and cucumber
- spinach salad** **\$7.00**  
spinach leaf, strawberries, mandarin oranges, red onion, with fat free raspberry vinaigrette
- sante fe** **\$7.00**  
spring mix lettuce, diced chicken, shredded cheddar, corn and black bean mix, tri-colored tortilla chips with fat free sante fe dressing
- salad toppings** **included**  
diced tomatoes, croutons, sunnies, raisins, green onion, and jalapenos

# COMBOS

- cup & half sandwich** **\$6.25**
- cup & whole sandwich** **\$8.00**
- bowl & half sandwich** **\$7.25**
- bowl & whole sandwich** **\$9.00**
- cup & half salad** **\$6.75**
- bowl & half salad** **\$7.75**
- half sandwich & half reg salad** **\$7.50**
- whole sandwich, drink, & chips** **\$7.50**

# SOUPS

four soups daily

- 8 oz. cup** **\$3.00**
- 12 oz. bowl** **\$4.00**
- 12 oz bread bowl** **\$5.50**

# SIDES

- chips** **\$ 1.00**
- garlic bread** **\$ .25**
- extra dressing** **\$ .25**

# BEVERAGES

- soda** **16 oz \$1.50**  
coke, diet coke, sprite, cherry coke **20 oz \$2.00**
- milk** skim and 2% **\$2.00**
- snapple** **\$2.00**
- bottled water** **\$1.50**
- orange juice** **\$2.00**

# INGREDIENTS

## BREADS

- whole wheat
- wheat sub
- french baguette
- flat bread
- texas toast
- black russian rye
- plain bagel
- everything bagel

## WRAPS

- wheat
- tomato basil
- garlic herb
- spinach
- jalapeño
- cheddar

## MEATS

- turkey
- ham
- roast beef
- prosciutto
- capicola
- genoa salami
- bacon
- corned beef

## TOPPINGS

- green leaf lettuce
- romaine lettuce
- tomato
- cucumber
- red onion
- sprouts
- banana peppers
- pickles
- avocado

## SPREADS

- mayo
- yellow mustard
- dijon mustard
- pesto mayo (house)
- guacamole
- feisty feta
- roasted red peppers
- hummus

## CHEESE

- cheddar
- swiss
- provolone
- pepperjack
- smoked bacon cheddar

## DRESSINGS

- creamy herb (house)
- french
- bleu cheese
- 1000 island
- italian
- poppyseed
- honey dijon
- caesar
- parmesan peppercorn
- balsamic & basil aegean (greek)
- fat free french
- fat free raspberry vinaigrette
- fat free oriental sesame
- fat free sante fe
- fat free ranch